

## Registration

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Last Name: \_\_\_\_\_

Professional License Number: \_\_\_\_\_ Degree: \_\_\_\_\_

Street Address: \_\_\_\_\_

Street Address: \_\_\_\_\_ Apt./Ste. #: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

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Get confirmations and updates faster via your e-mail!

## Registration and Fees

**NEW OPTION:** Register quickly and securely online at

[www.regonline.com/CouplesTherapySpring08](http://www.regonline.com/CouplesTherapySpring08)

**Both** workshops (special reduced rate):

Early Enrollment : \$220

Must be postmarked no later than April 18, 2008

Regular Enrollment : \$260

**Stanley Tatkin:** Love & War in Intimate Relationships

Early Enrollment : \$120

Must be postmarked no later than April 18, 2008

Regular Enrollment : \$145

**Steven Solomon & Lorie Teagno:** Intimacy After Infidelity

Early Enrollment : \$120

Must be postmarked no later than May 9, 2008

Regular Enrollment : \$145

I would like to pay by: **Check**

Please make payable to the **Regents of the University of California.**

### Credit Card

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### Mail or Fax to:

The Foundation for the Contemporary Family

380 Glenneyre, Suite D

Laguna Beach, California 92651

fax: (949) 494 - 0865 phone: (949) 464 - 0131

## SAVE THE DATE!

### The 4th Anatomy of Intimacy Conference Keeping Love Alive: Desire, Monogamy and the Neurobiology of Intimate Attachments

Saturday & Sunday November 8-9, 2008  
University of California, Irvine

Featuring

**Susan Johnson, Helen Fisher, Phillip Shaver,  
Ellyn Bader, Sue Carter, Stephen Porges,  
and Stan Tatkin**

## Continuing Education

**Psychologists:** The Foundation for the Contemporary Family (FFCF) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. FFCF maintains responsibility for this program and its content. Courses approved by an APA-approved sponsor are accepted for MCEP credit by the Board of Psychology in California. Psychologists attending this seminar will receive an MCEP Credit Reporting Form to submit to the MCEP Accrediting Agency.

**MFT/LCSW:** The UCI Family Therapy Training Program is approved by the California Board of Behavioral Sciences (BBS) to provide continuing education for MFTs and LCSWs (BBS#3322). This course meets the qualifications for 13 hours of Continuing Education credits.

## About the Sponsors

Founded in 1999, the Foundation for the Contemporary Family is dedicated to supporting innovations in clinical training and research in couples and family therapy, as well as inventive intervention programs.

For more than 15 years, under the direction of Dr. Judith Zucker Anderson, the UCI Family Therapy Training Program in the Department of Psychiatry and Human Behavior at the UCI College of Medicine has offered clinical training programs in couples and family therapy for mental health professionals in and Southern California.

**Cover Art:** Hour Glass by Gina Ginelli

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**Earn 13 CE hours**  
Important Continuing  
Education Information  
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Register quickly and easily online:  
[www.regonline.com/CouplesTherapySpring08](http://www.regonline.com/CouplesTherapySpring08)

**May 9, 2008**  
Love and War in Intimate Relationships with Stanley Tatkin, Psy.D.  
**May 30, 2008**  
Intimacy After Infidelity with Steven Solomon, Ph.D. & Lorie Teagno, Ph.D.

# Innovations in COUPLES THERAPY

## Love and War in Intimate Relationships

Dr. Stanley Tatkin

Friday, May 9, 2008



## Intimacy After Infidelity

Dr. Steven Solomon  
& Dr. Lorie Teagno

Friday, May 30, 2008

presented by

Foundation for the Contemporary Family

and

UCI Family Therapy Training Program

University of California, Irvine

Department of Psychiatry and Human Behavior

## Love and War in Intimate Relationships

Stanley Tatkin, Psy.D.

Friday, May 9, 2008:

9:00 to 4:30

6.5 CE hours

ARE OUR BRAINS BUILT FOR LOVE OR WAR, connection or self-preservation? The attachment drive for a secure base involves neurological and neuroendocrine systems and subsystems that determine such things as proximity seeking and contact maintenance. Couples most commonly enter therapy due to repeated, anticipated, and intense periods of mutual dysregulation whereby attachment injuries and adaptations become reanimated. In order to make the most of attachment theory, the psychotherapist must incorporate a working knowledge of the neurobiological processes that underlie all primary attachment relationships.

We are delighted to bring the innovative couples work of Dr. Stan Tatkin to UCI. Dr. Tatkin will focus on the crucial role of arousal and affect regulation in the adult primary attachment relationship. His approach integrates mother-infant attachment, developmental neuroscience, psychobiological regulatory systems, therapeutic enactment, as well as the therapeutic stance necessary to such an undertaking. His teaching and therapeutic style is creative, powerful and engaging. He will illustrate his method with videotapes from actual couples therapy session.

### Participants will learn:

- Why traditional therapy sessions are too short and infrequent for working with couples' entrenched attachment patterns
- Why arousal regulation is so fundamental to the success or failure of all dependency relationships
- Which parts of the brain are relevant to the successful functioning of all primary attachment relationships and how they affect the approach to treatment
- The long-term physical and medical implications of successful couples treatment and the consequences of unsuccessful treatment
- How the regular use of video technology works to the advantage of the couples therapist
- Specific interventions that can and cannot be used to promote and facilitate neurological development, effective arousal regulation, and attachment security
- Strategies for working with dysregulated couples: pseudo-secure, high and low arousal

## Intimacy After Infidelity

Steven Solomon, Ph.D., & Lorie Teagno, Ph.D.

Friday, May 30, 2008:

9:00 to 4:30

6.5 CE hours

INFIDELITY DOES NOT HAVE TO BE A DEATH KNELL for a relationship. Despite the emotional devastation, many couples can be brought back from the brink and rebuild their relationship after such a traumatic injury. Yet others may decide to leave. The therapist's challenge is to help couples navigate this tumultuous process.

How does the therapist make sense of why the infidelity occurred? How does the therapist guide a couple through the difficult process of healing from the deep wounds of betrayal and rebuilding shattered trust? Most importantly, how does the therapist know what the couple needs to do in order to process the affair and restructure their long-term love relationship so that it becomes based securely upon a foundation of true intimacy? In this workshop, Drs. Teagno and Solomon will present a powerful new model of long-term love relationships that provides both the conceptual framework and the therapeutic tools that enable the couples therapist to: (1) help a couple heal from the heartbreak of infidelity and (2) affair-proof their relationship in the future.

This developmental model of long-term relationships and their work on infidelity is based upon their concepts of the Three Intimacies, the Three Types of Infidelity as well as the Three Deal Breakers. They will show videotaped clinical material from actual couples therapy sessions to illustrate their didactic material.

### Participants will learn:

- How to diagnose the type of infidelity and the developmental level of the couple
- How to create a treatment plan for both the individual and the couple based on the type of infidelity
- To define the Three Intimacies and the Three Deal Breakers
- To determine whether the betraying partner is earnest in his/her desire to "recouple"
- How to manage tension in the couple
- How to manage your own transference with the couple
- To recognize the three types of infidelity: Fear, Loneliness and Anger
- How to help the couple deal with the devastation, commitment issues and shattered trust



### Scholarships

The Foundation for the Contemporary Family grants a limited number of scholarships for professionals eager to receive this specialized training, who would otherwise be unable to do so. To request an application, please call (949) 464-0131 or e-mail [zoanna@drjudithanderson.com](mailto:zoanna@drjudithanderson.com)

### Logistics

#### Place

The workshops will be held at the University Club, University of California, Irvine. For general information about the University Club, maps, and directions, please visit [www.uclub.uci.edu](http://www.uclub.uci.edu).

UCI University Club  
University of California, Irvine  
801 East Peltason Drive  
Irvine, California 92697

#### Parking

There is free, easy-access parking located at the University Club.

#### Refreshments

Morning coffee, tea, and muffins will be provided. Lunch is on your own: Feel free to bring your own or take advantage of the UClub buffet.

#### Special Needs

The University Club is wheelchair accessible. If you have any special needs, please let us know when you register, or call the Foundation for the Contemporary Family at (949) 464-0131.

#### Questions?

If you have any questions or concerns, please contact ZoAnna Carrol at (949) 464-0131 or [zoanna@drjudithanderson.com](mailto:zoanna@drjudithanderson.com); or Dr. Judith Zucker Anderson at (949) 727-4337 or [drjza@drjudithanderson.com](mailto:drjza@drjudithanderson.com).

### Cancellation Policy

Refunds must be requested in writing 10 business days prior to the program date. A \$25 processing fee is deducted from all refunds. Full credit will be given if applied toward a future workshop.

### About the Faculty



**Stan Tatkin, Psy.D.**, is an assistant clinical professor at UCLA's David Geffen School of Medicine. He is a contributing editor to *A Reader's Guide to Intersubjective Neurobiology*, and is the co-author of an upcoming book entitled *The Loving-Warring Brain: How Romance Starts and Ends*.

Dr. Tatkin has developed a unique approach to couples therapy using attachment theory, neuroscience and principles of arousal and affect regulation. His model integrates principles of early mother-infant attachment with adult romantic relationships. He has become a popular presenter, teaching therapists his innovative approach. His private practice is in Calabassas ([www.ahealthymind.org/csg](http://www.ahealthymind.org/csg)).



**Steven D. Solomon, Ph.D.**, is a clinical psychologist in La Jolla, specializing in couples therapy. He is the co-author of *Intimacy after Infidelity: How to Rebuild and Affair-Proof Your Relationship* and co-founder of The Relationship Institute. He is a past president of the San Diego Psychological Association.

**Lorie J. Teagno, Ph.D.**, is a psychologist in private practice, the co-founder of The Relationship Institute and co-author of *Intimacy after Infidelity: How to Rebuild and Affair-Proof Your Relationship*. She was on the adjunct faculty at United States International University.



Lorie and Steve are currently preparing a new online training course focused on Infidelity Repair with couples. For more, visit their website: [www.therelationshipinstitute.org](http://www.therelationshipinstitute.org).